

“Braveheart” or William Wallace

A 4 x 32 bar Reel, for any number of couples all standing in a circle side by side with partners all facing the centre. 1s with 2s on their right.

See Figure 1.

Bars

- 1 - 8 All **clap** their hands 1, 2, 3 and 4, for the first two bars.
 All **skip forwards** 4 steps for the next two bars.
 All **skip backwards** 4 steps to original places for the next two bars.
 All **clap** hands 1, 2, 3 and 4 for the last two bars.
- 9 – 16 Repeat the sequence, but with **stamping** one foot instead of clapping.
- 17 – 24 All couples face their partners **shake right hands and turn** their partner round on the spot for 8 skips.

They then change to **left hands shake and turn** their partner back to original place for 8 more skips.

At the end of this figure they should all **face anticlockwise ie. to the teacher’s right, in a circle** holding inside hands with their partner. See Figure 2.

- 25 – 32 All couples **promenade** (see Page 8) round the circle for 12 skips “**and then face in**” on 13, 14, 15 and 16 – ready to start again.

Repeat three more times.

Music: “Claperhands” CD Track 1

Teaching Point:

Co-ordinating the end of the left hand turns so that each couple is in position to begin the promenade

Notes:

Bars 1 to 16 shows the Scots pleasure at Wallace’s challenge to Edward I
Bars 17 to 24 shows the soldiers getting ready to march with their “brothers in arms”.
Bars 25 to 32 shows the army marching off to battle.