Burlington Arcade

A medley of 16 bars strathspey and 16 bars reel for 3 couples in a longwise set

Devised by Adam Bakker

The Burlington Arcade is an up market shopping mall off Piccadilly in London. Hence the dance has the Bourrel (formerly called the Birl) and "burling".

Bars	*Description*
	Strathspey
1-2	1st couple cast off one place as 2nd couple step up.
3-7	2nd and 3rd couples dance towards their partner to join nearer hands and dance down or up towards the centre of the set making an arch (bars 3-4). They meet in the middle to dance three quarters right hand across (bars 5-7). Meanwhile 1st man dances down the set under the arch of the 3rd couple and up along the lady's side to the top while 1st lady dances up under the arch of the 2nd couple and down along the man's side to the bottom.
8	Left hand across ("Teapots") for 1 bar: 1st man with 2nd and 3rd lady at the top – and 1st lady with 2nd and 3rd man at the bottom. 1st and 3rd men are now facing across to 2nd and 1st ladies respectively. 3rd lady and 2nd man are on the centre line at the top and bottom of the set.
9-16	Bourrel for 3 couples. 3rd lady and 2nd man dance counter clockwise around the outside of the set while the others set to the person directly opposite and turn them three quarters with both hands twirling away to face their partner on the centre line. All set and turn three quarters with both hands back to their own side in the order 2,1,3.
	Reel
17-20	1st couple "burl" to end up facing 1st corner.
21-24	1st couple dance half diagonal reel of four giving right shoulder to 1st corners. Corners deflect in the direction of their partner after having passed left shoulder in the centre and take promenade hold: 2nd couple on the lady's side, 3rd couple on the man's side (3rd man will have his partner on the left).
25-28	1st couple dance half diagonal reel of four giving right shoulder to 2nd and 3rd couples, now in 2nd corner position. 2nd and 3rd couple dance the reel in promenade hold.
29-32	All "burl" for 4 bars and end in order 3,1,2.

Music

Suitable recording: Strathspey and Reel Medley (The Music Makars: Jig for Joy).