

Double Bubble

A 32 bar jig for two couples in a longwise two, three or four couple set, though probably best in a three couple set. It was devised during the Covid-19 pandemic as a hands-free dance which should work in wider than usual sets. However it can of course be done taking hands. If preferred it may also be danced as a strathspey.

Bars Description

- 1-4 1st couple dance half a figure of eight round the couple below them.
- 5-8 1st and 2nd couples set, then cross over passing right shoulder. The men face out.
- 9-12 1st and 2nd couples dance half a "Ladies' Change". This is as half a Ladies' Chain but without taking hands when turning in the centre or on the sides. Instead the two women dance three quarters round each other passing right shoulder then change places on the sides with the opposite man, passing left shoulder. All end facing anticlockwise.
- 13-16 All chase half way round anticlockwise. The women end facing out.
- 17-20 1st and 2nd couples dance half a "Men's Change". The women cast up or down on the sides as the two men dance three quarters round each other passing left shoulder then change places on the sides with the opposite woman, passing right shoulder. All end facing clockwise.
- 21-24 All chase half way round clockwise.
- 25-28 All dance back to back with their partner.
- 29-32 1st couple dance half a figure of eight round the couple above them.

Music

- Suggested tune: Jeannie's Blue E'en (traditional).
- Suitable recording: Jeannie's Blue E'en (Chris and Julie Dewhurst: Beyond the Borders).

Notes

- For extra distancing, the "Change" figures can be danced with the crossing pairs dancing straight across passing by the other shoulder. The women would then pass left and the men right shoulder, instead of the women "turning" three quarters right shoulder and the men left shoulder.
- The net effect, in bars 9-16 for example, would be that the women chase once round while the men first make a four bar loop on the side then chase half way.