

# *The Lochiel Strathspey*

A 32 bar strathspey for four couples in a longwise set.

- Bars 1 - 8 All four ladies dance across the set and, passing their partners by the right shoulder, dance round to face them, and then their partner by the right hand for four steps back to original places.
- Bars 9 -16 All the men repeat the movement passing their partners by the left shoulders and turning with the left hands.
- Bars 17 -24 The first couple, followed by the second, third and fourth couples, dance down the middle for four steps and then cast back up to original places.
- Bars 25 -32 First couple turn with the right hand for two steps and then cast off for two steps to the bottom of the set, second, third and fourth couples move up on bars 3 and 4 of the 8-bar phrase.  
First couple then turn with both hands for four steps at the bottom of the set to finish in fourth place.

## **Suggested Music:-**

“One Step” CD Track 3: Approach to Grantown on Spey (Joseph Howat), Miss Barbara Cunningham (Robert MacKintosh) and Garthland’s Strathspey (James McDonald)

## **Note:-**

This is a strathspey for four couples that involves nothing more than **Strathspey Travelling Step**.

## **P.S.**

The Lochiel Club is based in Hamilton, New Zealand, full of a huge variety of personalities.

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Kihikihi  
New Zealand  
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