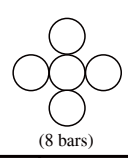
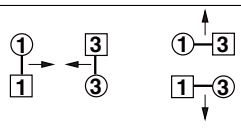
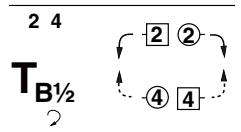


THE MYSTIC KNOT			S2x40R2x40	
ALL T  S	 (8 bars)	ALL S 	1 3 T_{B½}  2 4 T_{B½} 	
R with new partner from new positions (4 bars)	R with own partner from opp. sides (8 bars)	ALL CHAIN T _{R¾} (2 bars / 2 hands)	   LA	

Viktor Lehmann, 2019

4C/4C square set

„The Mystic Knot“

Dedicated to Anika Lange, my chosen sister.

- 1-4 All petronella turn, set to partner (star formation: ladies back to back in the center, men on the outside, all facing partner).
- 5-12 Double Reels of 4 (with 1/2 LA in the middle), to finish in star formation as on bar 4.
- 13-16 All set to partner, then petronella turn back to sidelines into partners' places, facing own partner again.
- 17-32 „Mystic Knot“:
On bars 1-4, couples in top and bottom places turn both hands half way and open up facing in; they dance one step in with nearer hands joined, and with opposite person dance one step out to side couples' places with nearer hands joined, finish facing new partner; on bars 5-8, now in side couples' places, turn both hands half way and pull right shoulder back to finish back to back and dance 1 place into partners' opposite places, facing partner; repeat that movement back to places where the „Mystic Knot“ started from.
At the same time, side couples start the movement with what is described for bars 5-8 and continue the ongoing movement from there.
- 33-34 Starting with own partner: chain for two hands, one place on.
- 35-36 Turn three quarters with the right hand.
- 37-40 All ladies dance half a chase clockwise round the set WHILE all men dance full left hands across in the center to new progressed places (order is now 4 1 2 3), to face own partner, ready to start the next repeat. The first two repeats are in Strathspey time, the last two repeats in Reel time.

Viktor Lehmann, December 2019.

Music Suggestion:

„Stepping Hill“ (The Colin Dewar Scottish Dance Band)