

The Stay At Home Book

Dance Scottish During the Lockdown Period

3 Dances for 3 People
3 Dances for 2 couples

Devised by Anne Dejean

With diagrams by Keith Rose



April 2020

This book provides ideas to continue Scottish dancing during this strange period of lockdown for those who are lucky enough to live with 2 or 3 other dancers.

Later on, when we won't have to stay at home anymore, and we will even be allowed to touch other people outside our household (!!!), these dances might be useful for some regular classes when there are only very few dancers.

I once came across a dance for three persons called *Three's The Charm*, by Martha Morrison Veranth, and I was glad to use it one day when we were only three in a class. This gave me the idea of devising a dance for my daughter's birthday last year, and again last Saturday inspired me for two more three-person dances, which are quite suitable at the moment.

21st April 2020

Many thanks to Keith Rose for his diagrams

Pontcharra, near Grenoble, France

Contact : anne.dejean@wanadoo.fr

Contents

The Lockdown Set	J3x32	2
Clapping With the Neighbours	R3x32	3
Happy Birthday, Kennocha!	J/R3x32	4
Football Time	R4x32 (or more)	6
School At Home	S4x32 (or more)	7
And for the Young Ones	J4x32	8

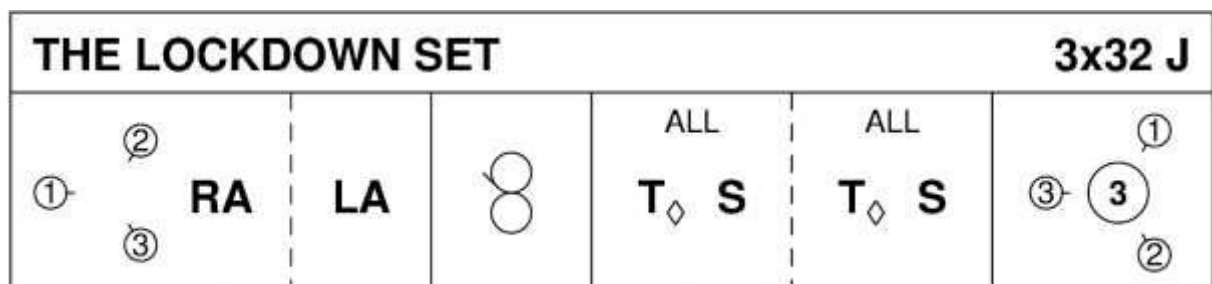
The Lockdown Set

32-bar jig for three people in a triangular set

Bars	Description
1 – 8	All dance right hands across and left hands back.
9 – 16	1 st person dances a reel of three with 2 nd and 3 rd persons, beginning right shoulder to 3 rd person, and finishes in original place.
17 – 20	All dance a petronella turn to progress one place anticlockwise and set.
21 – 24	Repeat bars 17 to 20 and finish in the order 312.
25 – 32	All dance three hands round and back.

Repeat from these new places.

April 2020



Anne Dejean, 2020, The Stay At Home Book

3P/3P triangular set.

Clapping With the Neighbours

32-bar reel for three persons in a line across

1st person stands behind 1st woman's usual place facing in, 3rd person behind 1st man's usual place facing in, and 2nd person in the middle of the line facing 1s person

Bars	Description
1 – 8	1 st and 2 nd persons, giving right hands, turn once round, then 2 nd and 3 rd persons, giving left hands, turn once round.
9 – 12	1 st and 2 nd persons set to each other while 3 rd person claps the three beats of the two pas de basque, then 2 nd person dances two turning pas de basque to the right (as in double triangles) to face 3 rd person while 1st and 3rd persons clap.
13 – 16	Repeat bars 9 – 12, 2 nd person finishes facing up.
17 – 24	1 st and 3 rd persons advance and retire while 2 nd person retires (downwards) and advances (back to the middle of the line) ; repeat, but 2 nd person doesn't dance back to the middle after retiring and stands still for 2 bars.
25 – 32	All dance one step in, then pulling back right shoulder, cast out, chase clockwise once round and then on to the next place, finishing in a line in the order 312, 1 st person facing 3 rd person.

Repeat from these new places.

Note: for the clapping phrase (9-16), I also like the following pattern: 1st and 3rd persons set to each other while 2nd person, facing up, claps, then 2nd person dances two turning pas de basque to the right and finishes facing down while 1st and 3rd persons clap ; repeat with 2nd person finishing facing up. This pattern allows 2nd person to clap as well.

April 2020

In France, like in many other countries, we all clap for hospital staff and other carers at a fixed time (daily 8 pm in France).

Diagram on page 5

Happy Birthday, Kennocha !

32-bar jig or reel for three persons in a line up and down

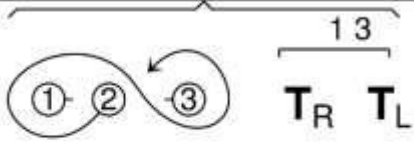
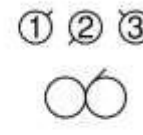
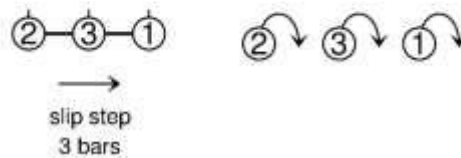
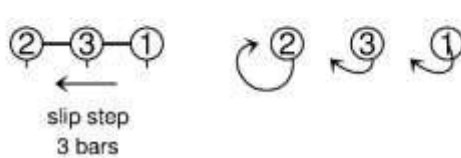
1st person is facing down, 2nd and 3rd persons are facing up

Bars	Description
1 – 8	2 nd person, starting right shoulder, dances around 1 st person's position, finishing facing down, while 1 st and 3 rd persons, giving right hands, turn once round ; then 2 nd person, starting left shoulder, dances around 3 rd person's position while 1 st and 3 rd persons, giving left hands, turn once round, all finishing in original places. The whole pattern for 2 nd person is a figure of eight on the line, whereas each half phrase is a kind of pass & turn (for one person instead of one couple).
9 – 16	1 st , 2 nd and 3 rd persons dance a reel of three on the line, 1 st and 2 nd persons passing right shoulder to begin and all finishing in original places. The pattern for the 2 nd person is exactly the same as in the preceding phrase. At the beginning of the reel, there is the same strong change of direction for the 1 st person as between the right hand turn and the left hand turn bars 4-5.
17 – 20	1 st and 2 nd persons, giving right hands, turn one and a half times to change places, 1 st person finishes facing down.
21 – 24	1 st and 3 rd persons, giving left hands, turn one and a half times to change places, and at the end of bar 24, all finish facing the usual women's side (order 231).
25 – 32	All, joining hands, slip down for 3 bars, turn around pulling back right shoulder to face the usual men's side (1 bar), then slip back for 3 bars and turn around to finish ready to start again in new places (top person facing down, two others facing up).

Repeat from these new places.


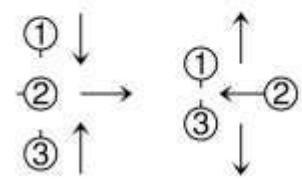
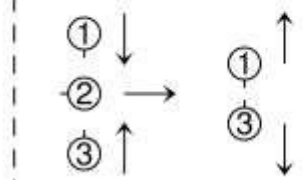
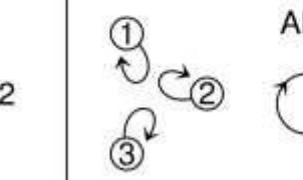
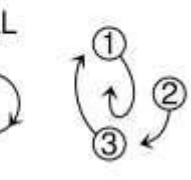
April 2019

This dance was devised for my daughter's birthday. She was disappointed that I was not going to be with her in the morning of the very day of her ninth birthday since I was going to be teaching in Méaudre scd May week-end while she was busy somewhere else. So I decided to write a dance that we could dance with my husband and her to celebrate together in the evening.

HAPPY BIRTHDAY, KENNOCHA!		3x32 J or R	
		<p style="text-align: center;">1 2</p> <p style="text-align: center;">T_R1¹/₂</p>	<p style="text-align: center;">1 3</p> <p style="text-align: center;">T_L1¹/₂</p>
			

Anne Dejean, 2019, The Stay At Home Book

3P/3P longwise set.

CLAPPING WITH THE NEIGHBOURS			3x32 R	
	<p style="text-align: center;">1 2</p> <p style="text-align: center;">T_R</p>	<p style="text-align: center;">2 3</p> <p style="text-align: center;">T_L</p>	<p>1: S ×××</p> <p>2: S S↻</p> <p>3: ×××</p>	<p>×××</p> <p>S S↻</p> <p>S ×××</p>
			<p style="text-align: center;">ALL</p> 	

Anne Dejean, 2020, The Stay At Home Book

3P/3P Line across.

Football Time


32-bar reel for two couples in a longwise set

Bars	Description
1 – 4	1 st and 2 nd couples dance four hands once round to the right.
5 – 8	All dance a petronella turn into the center, finishing in a line up and down, women facing down, men facing up, and set.
9 – 16	All dance a reel of four.
17 – 20	All dance a petronella turn into partner's place and set.
21 – 24	1 st and 2 nd couples dance right hands across halfway back to own sides and set.
25 – 32	2 nd and 1 st couples dance rights and lefts.

Repeat from these new places, or if there are more than two couples, having passed a couple.

April 2020

During this period at home, we have a lot of time to spend with the family, and at the request of my son Xavier, the four of us are playing football nearly every day, which can actually be great fun. He's not very found of dancing, but he accepted to participate so that we could be two couples and try out this dance.

FOOTBALL TIME				2x32 R		
1 2 ④	1 2 T _◇	①-① ②-② S		1 2 1x 2x T _◇ S	1x 2x 2 1 RA S	2 1 RL

Anne Dejean, 2020, The Stay At Home Book

2C/2C longwise set.

School At Home

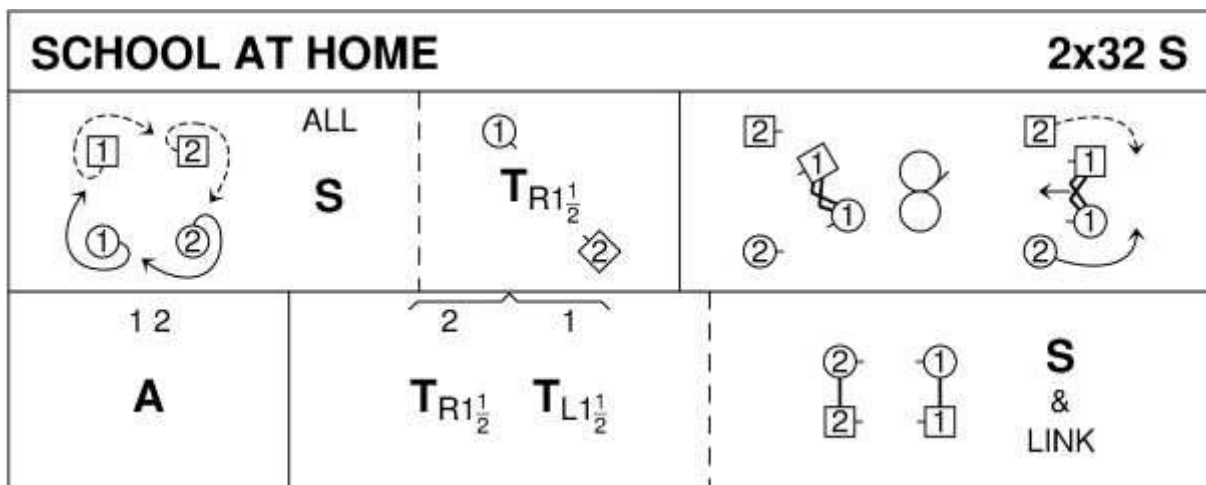
32-bar strathspey for two couples in a longwise set

- | Bars | Description |
|---------|--|
| 1 – 8 | All cast one place and set, then 1 st man and 2 nd woman, giving right hands, turn one and a half times back to own sides, all having progressed. |
| 9 – 16 | 1 st couple in promenade hold dance a reel of three across with 2 nd couple, beginning left shoulder to 2 nd man, and finish in first place in the middle of the set facing up with 2 nd couple in promenade hold behind them. |
| 17 – 24 | 1 st and 2 nd couples dance an allemande. |
| 25 – 28 | 2 nd couple, giving right hands, turn one and a half times, and finish in first place in the middle of the set facing down with nearer hands joined, as 1 st couple, giving left hand, turn one and a half times (mirror movement with 2 nd couple) and finish in second place in the middle of the set facing up with nearer hands joined. |
| 29 – 32 | 2 nd and 1 st couples set & link back to on own sides. |

Repeat from these new places, or if there are more than two couples, having passed a couple.

April 2020

We've just had five whole weeks of school at home for our two children, which was quite interesting and... different. But I must admit I'm glad to have now two weeks holidays!



And for the Young Ones

32-bar jig for two couples in a square set

The two couples start facing each other in the first and third places of the pattern of a square set (second and fourth places are empty)

Bars

Description

1 – 8 All, joining nearer hands, advance and retire twice.

9 – 16 Both couples turn partner with the right hand and then with the left hand.

9 – 16 Both couples, joining both hands with partner, slip towards the centre for 2 bars, clap four times, slip back to places for 2 bars, and clap four times.

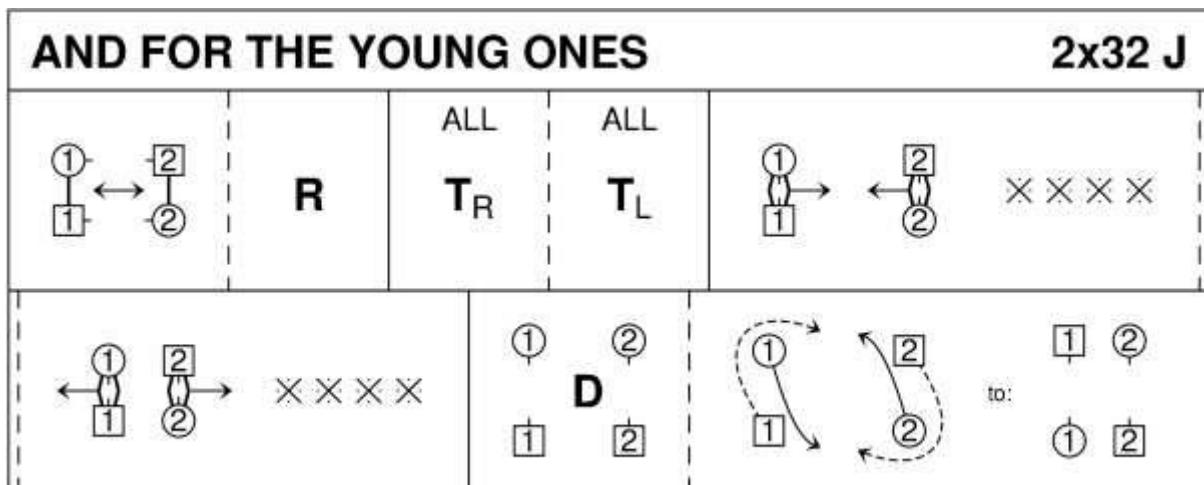
25 – 28 All dance back to back with partner.

29 – 32 All dance one quarter of the way round the set, the women moving clockwise and the men moving anticlockwise, passing partner before meeting the former opposite dancer in a new place, which is either 2nd or 4th place of the square set (1st and 3rd places are now empty).

Repeat from these new places.

March 2016

This dance was published in the RSCDS Book 51 (Scottish Country Dances for Young and Less Experienced Dancers) as a dance for four couples in a square set. But it can also be danced by two couples only, since dancers never meet anybody else than own partner and opposite person. It works well, we've done it a few times at home.



Anne Dejean, 2016, The Stay At Home Book

2C/2C square set.

Photo on the front and back cover by [Matt Seymour](#) on [Unsplash](#)
Last photo on the back cover: Pontcharra, France, by Vincent Hallet
(same as in RSCDS Book 51)
Other photos are made at home

The Stay At Home Book

