

Warm As Toast

32bar Reel 3Cs in a 4C set

Bars

- 1-8** 1+2Cs set cross over RH cast off, meet below 3C, lead up, 2C crossing over to finish facing out in top place, 1C finish in the middle of the set in 2nd place facing up.
- 9-16** Top 3Cs dance reels of 3 on the sides, 2C out and down, 1C crossing up, 3C dance out & up. All finish back in the side-lines 2C again finish facing out.
- 17-24** 2+1C dance a double figure of 8, 2C finish facing out 1C finish facing up.
- 25-32** 1C dancing through the middle of the set turn 2C 4bars, then dancing down through the middle of the set turn 3C 4bars.

Repeat again from second place.

Recommended tune: CD: RSCDS49 track 17 “Bonnie Geordie’s Wig”

Notes:

Second couple finish facing out for most of this dance, flowing into each formation (hopefully with ease).

This dance was devised in 2010 as another warm up dance for the beginning of club or any session. Similar to “Warm Me up Scottie in my second book of dances, “Scottish Country Dancing is all around the World” it uses skip change of step mainly and can be easily walked the first few times through to the music as dancers warm up.